

Policy/Procedure/Guideline Review

Policy/Procedure/Guideline:	Student Health & Wellbeing Policy
Senior Manager Responsible:	Associate Principal – Quality/Lancashire Adult Learning
Author:	Director of Learner Services and Safeguarding and Welfare Manager
Approved By:	Curriculum and Quality Sub-Committee
Date Approved:	25 April 2018
Next Review Date:	April 2019
Publication:	Nelson and Colne College Extranet Nelson and Colne College Moodle Lancashire Adult Learning Moodle Nelson and Colne College Website Lancashire Adult Learning Website
Changes Made:	Job titles updated Student Services changed to Safeguarding and Welfare team Impact measures and KPIs removed to fit standardized policy template.

Student Health and Wellbeing Policy

1. Introduction

Nelson and Colne College is committed to providing a safe, supportive, respectful, healthy and secure environment for all students.

To achieve this, the College's strategic priority of ***providing a safe, supportive and inspiring environment*** for our students is reflected throughout this policy. Within our core values' statement, 'You Matter' reinforces our aspirations that each individual student should benefit from an outstanding teaching, learning and assessment experience together with exceptionally high standards of support to promote and strengthen wellbeing.

2. Purpose

The aim of this policy is to ensure all students studying at the College will benefit from an environment that encourages them to thrive. The College will provide support services, learning and play opportunities that develop their understanding of how to stay safe and healthy, enable them to secure positive relationships and gain a high sense of self-worth and self-esteem; these combined will enable individual students to draw upon a valuable personal skills resource that will equip them for their future lives.

3. Context / Legislative Framework

This policy has been written in-line with the 2008 Department of Health (DoH) Healthy FE programme and 2009 Healthy Lives, Brighter Futures publication which both serve to further target the health needs of those who study or work in further education settings. In addition, it also takes into account the most recent Ofsted Common Inspection Framework (CIF), specifically the Personal, Development, Behavior and Welfare (PDBW) criteria which enables inspectors to make judgments on the extent to which students develop personal and social skills, and benefit from health and wellbeing, care and guidance to support success.

4. Scope

This policy applies to everyone in our college including all students, staff and subcontractors and it should be read, understood and adhered to by all.

5. Objectives

In order to meet the aim of this policy the College will provide:

5.1 The Curriculum Offer

- A tutorial programme for all full-time students that is delivered consistently, develops self-worth and motivates students to set future career goals; raises their awareness of how to stay safe and healthy including an understanding of the importance of maintaining good mental health.
- Learning opportunities for learners on apprenticeship programmes to gain an understating of how to stay safe and healthy in the workplace and develop behaviours in line with the new standards that will enable them to maintain positive and productive working relationships; these learning opportunities will be applied consistently across the apprenticeship offer.
- A College Induction programme that informs students who to contact for help and support, raises awareness of the value of maintaining a healthy attitude, and a balanced approach to study.
- Involvement in fundraising and enterprise opportunities that enables student involvement with the local community, develops strong social values and a greater awareness of wider social settings; fosters positive relationships with fellow students and reflects career college aspirations.
- Opportunities for participating in volunteering both within and external to the College so students benefit from a sense of self-worth.
- In line with the College's commitment to equality and diversity, ensure that all learning opportunities involve those students with protected characteristics, making reasonable adjustments where appropriate to ensure they are able to contribute

5.2 Student Support

- Early identification of students at risk (at pre and point of enrolment) through all College IAG points and the enrolment process to action structured support is in place in a timely manner. This includes: front line staff in the Business Unit working closely with the Safeguarding and Welfare team to support the transition of vulnerable learners on apprenticeships; the LAL IAG Team identifying vulnerable adults on part-time programmes across Lancashire and signposting for early support.
- On programme structured support to provide wrap-around positive interventions when concerns or crisis points are raised by curriculum teams. Full use of Promonitor will flag up at risk students on adult and community programmes and full-time programmes; the apprenticeship team will access support via Safeguarding and Welfare Team.
- A mentoring system will be introduced that encourages more able students to support the most vulnerable students. A mentoring programme will

develop those supporting less able students to develop skills of listening and responsibility.

- Assessment of the social needs of students on full-time programmes so they are more informed and better able to build additional skills and support their career plans.
- Full use of the college VLE platform, Moodle, to support all learners including apprentices and adult learners on LAL programmes to access support and information remotely.
- Excellent signposting to specialist external services. Strong links with the local authority Children's Services, mental health services, specialist counselling and drug/addiction support agencies enables the Safeguarding and Welfare team to respond quickly and effectively to individual student need.
- In-house counselling service from the College Nurse offers confidential support and helps students understand their emotional wellbeing.
- A forum for students on full-time programmes to contribute to the creation of the NCC Cafe and the NCC Refectory menus.

5.3 Extra-Curricular Activities

- A comprehensive programme that encourages all students on full-time programmes to participate and benefit from a wide range of activities; to include: participating in physical and sports related activities, play and social activities that bring diverse college groups together.
- Extra-curricular opportunities which will develop mental well-being, be offered at specific times throughout the year to support students at critical points, for example, post induction and the exam season.
- An exciting gym offer that attracts different groups of students particularly those who wouldn't normally be attracted to physical activity.
- Pop up play and social activities that encourage students to socialise outside their regular peer groups.

5.4 Environment

- A warm and welcoming environment that encourages students to learn and develop skills; encourages a sense of ownership and belonging, including increased social spaces, signpost areas for study and areas for quiet reflection.

5.5 Staff Training

- Staff training to enable front line and support staff to recognise and at risk students so they are equipped to take early action and signpost students to the appropriate Students Services point of contact.
- A timetable of trained first aiders who will be able to respond to health alerts.

6. Dissemination

Nelson and Colne College Extranet
Nelson and Colne College and Lancashire Adult Learning Moodle
Nelson and Colne College and Lancashire Adult Learning Website

7. Monitoring and Review

The policy will be reviewed by Nelson and Colne College's Associate Principal – Quality/Lancashire Adult Learning.

8. Related Policies

Documents related to the policy are:

- Student Absence Management Procedures
- Student Drugs and Alcohol Policy
- Student Harassment and Bullying Policy
- Health & Safety Policy
- Prevent Action Plan
- Safeguarding Children and Vulnerable Adults Policy, Procedures and Guidance
- Student Values
- Tutorial Programme of Delivery

9. Management Responsibility

The Associate Principal – Quality/Lancashire Adult Learning has overall management responsibility for this policy. Day to day management responsibility for this policy is devolved to the Director of Learner Services and the Safeguarding and Welfare Manager.