Hello and welcome to Nelson and Colne College. My name is Christine Smith and I will be teaching you on the Childcare Level 1 course. I have put together some resources linked to Child development for you to start having a look at. As childcare professionals we want what’s best for children, we want to provide them with everything they may need in order for them to grow into bright, confident and joyful adults. To enable us to do this it is extremely important that we understand the process every child goes through.

Child development is one of the first units we will look at. The resources provided below are to help you get thinking. I have provided some useful links below which will help you through discovery learning. ‘The more you read, the more things you will know. The more that you learn, the more places you’ll go’ (Dr. Seuss). Do not hesitate to get in touch have you any questions. I look forward to hearing from you soon.

c.smith@nelson.ac.uk

**Child development** refers to the sequences of physical, language, thoughts and emotional changes that occur in a child from birth. It is influenced by environmental factors and the child’s learning capacity.

Child development covers the full scope of skills that a child masters over their life span including development in:

* Cognition
* Social interaction
* Speech and language
* Physical skills
* Sensory awareness

**Task 1:** Research the different **types of developments** mentioned above and provide a brief definition for each area in your own words.

E.g. Cognition- the ability to learn and problem solve

**Task 2:** The grid shows **ages and stages** of child development. Complete the grid below (you will need to carry out research before completing this task).

**Task 3:** You have been given a scenario on each card. Answer the questions asked referring back to the knowledge and understand you have gained on types of development.

Task 2

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **0-3 months** | **3-6 months** | **6-9 months** | **9-12 months** | **12-18 months** | **18 months-2 years** | **2 years** | **3 years** |
| **Physical development** |  |  |  |  |  |  |  |  |
| **Intellectual/cognitive development** |  |  |  |  |  |  |  |  |
| **Communication/speech and language** | E.g. Crying, smiling, squealing, gurgling |  |  |  |  |  |  |  |
| **Social and emotional development** |  |  |  |  |  |  |  |  |
| **Behavioural development** |  |  |  |  |  |  |  |  |

Useful links:

Video:

<https://vimeo.com/14227882>

<https://youtu.be/Tli0mvqlWik> (Child Development and Learning

<https://youtu.be/uGOPDBGPB1Q> (Talking tips for kids: Ages and Stages (Ages 0-5 years old)

Reading:

Childdevelopment.com.au

<https://kidshealth.org> (Your Child’s Development (Birth to 3 years)

[www.psychologytoday.com](http://www.psychologytoday.com) (Child Development)

[www.cdc.gov](http://www.cdc.gov) (Child Development Basics)

<https://developingchild.harvard.education> (8 Things to Remember about Child Development

<https://www.nhsggc.org.uk> (Child Development)

<https://childdevelopmentinfo.com> (Ages and Stages Of Child Development)

[www.goodtoknow.co.uk](http://www.goodtoknow.co.uk) (Child development stages)

<https://www.healthline.com> (Ages and Stages: How to Monitor Child Development)

Child development theories:

Sigmund Freud 1856- 1939

Jean Piaget 1896- 1980

Lev Vygotsky 1896- 1934

B.F. Skinner 1904- 1990

**Task 3** 

1: Tom:

2: Sam and Joe:

3. Adam:

4: Paul

5: Susie

6: Mikey

**Task 4: Bibliography**

Add a list of references you used when carrying out your research for task 1,2 and 3.

**Task 5:** As part of the course, you will do a minimum of 35 hours of work experience in a local early year setting. As part of this, you will be required to have a Disclosure and Barring Service (DBS) check. Please locate and have available for the beginning of term your passport, birth certificate and National Insurance letter or a bank statement showing proof of your current address.

I look forward to welcoming you to the College.